# Friends in Christ

# Following Him Together

As Roman Catholics we have the greatest spiritual heritage in the world.

Yet many in our Church have never realized the fullness of life in Christ or experienced the Kingdom of God in Catholic Community.

St. Mary Small Groups aims to bridge this gap by creating an environment for people to grow in Christ through fellowship, prayer, and study in groups of 6-12 people, or 3-6 families.

St. Mary Roman Catholic Church 302 E. Spring St. Kingman, AZ, 86401

# Small Groups St. Mary-Kingman

"They devoted themselves to meeting together in the temple area and to breaking bread in their homes."

-Acts 2:46

"I came so that they might have life, and have it more abundantly."

-John 10:10





### How Does it Work?

Small groups commit to meeting together at set times, 3-5 times a month, for at least nine months. Every meeting includes fellowship, prayer, and group study, is held either in a home, a public place such as a park or coffee shop, or at the Parish. Meetings range in length from an hour and a half to three hours. There are many ways to run a successful small group based on the tastes and style of the participants; a typical evening meeting might look something like this:

6:30-7:00PM Socializing and dessert 7:00-7:30PM Group Rosary 7:30-8:15PM Lectio Divina or video series with group discussion 8:15PM-8:30PM Closing Prayer & Song

The goal of small groups is to learn more about our faith, to draw closer to the person of Jesus Christ, to support each other in living Christian lives, and to experience the joy of friendship built around a shared experience of God. At the conclusion of the small group cycle members are encouraged to begin the process again with a new group.

## **Small Group Roles**

#### A Place for Everyone

**Guests**- Are new or visiting and are there to "come and see". When a new small group forms everyone is a guest for a period of 7-12 meetings, during which time each person decides if he or she wants to commit for the rest of the small group cycle.

**Members-** Have made a commitment to the small group to attend, pray, and share throughout the small group cycle.

Hosts- Prepare the place where the small group will meet and make provision for refreshments according to the tastes and means of the group- anything from bottled water up to a full meal. Their main responsibility is to ensure everyone in the group feels welcome and comfortable.

**Leaders-** Are trained volunteers or parish staff who practice servant leadership by running meetings and modelling and coaching Christian discipleship.

"For where two or three are gathered together in my name, there am I in the midst of them." – Matt 18:20



# How Can I Begin?

New small groups form year-round based on numbers interested and availability of leaders. Small group meetings typically occur any day except Sunday, and there are several ways to get involved:

- Self-Assembled Small Group: gather some friends, family members, neighbors, or anyone to form a core of 6-12 people with similar availability. The Small Groups Coordinator will arrange for a leader to join you as your guide throughout the small-group process.
- Plug In: If you want to be part of a small group but can't put one together yourself, contact the Small Group Coordinator, who can plug you into a new small group based on your availability.
- Leader Training-1 to 1 Discipleship:
   Interested in diving in head-first and learning to lead in small group ministry? 1 to 1 discipleship is provided for those willing to commit to leading a small group in the future.

#### Ready to get started?

### Contact Us

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